Welcome Letter...

What is Inspiration?

According to the Oxford dictionary definition, inspiration is “the process of being mentally stimulated to do or feel something, especially something creative and/or innovative. Therefore, by definition, the inspirational person is someone who moves others’ intellect or emotions or prompts action or invention.”

As I researched further, I found a medical definition of which I was unaware. The Free dictionary states “the act of drawing air into the lungs. The major muscle of inspiration is the diaphragm, the contraction of which creates a reduced pressure in the chest, causing the lungs to expand and air to flow inward... Also called inhalation.”

This year’s BLACK BOOK is dedicated to our hometown heroes, our Veterans. Their acts of courage and self-sacrifice inspire us to be better than we are, and give us breath to fill our souls.

The nation which forgets its defenders will be itself forgotten.

Calvin Coolidge
Our opportunity for health starts long before we need medical care. It begins before conception. Health is determined by the conditions in which we live and yes, where we live. Health starts in our homes, our schools and the communities where we live. It’s in the air we breathe and the water we drink. Poverty, homelessness, lower economic status, and lack of access to healthy food or quality healthcare are examples of conditions faced by many. These gaps in opportunities affect some groups more than others and can lead to poor health among them. Babies conceived in these conditions face significant barriers to good health.

These social differences can have wide-ranging effects on our community’s health. For example, businesses may struggle to find qualified staff with transportation to work. If they hire unhealthy employees, they can drive up the cost of health insurance and can create a loss of productivity. This equates to lower company profit and lower tax revenue for government entities that rely on taxes to provide services for residents. Businesses and local governments understand and relate to examples of the impact of economics on health. These examples are also of interest to the Department of Health.

Conditions in which we live and work have an enormous impact on our health, long before we ever see a doctor. Together we can do a better job of making it less likely that our fellow residents will need to see a doctor due to poor health. As leaders and as residents, it is time we expand the way we think about health to include how to keep it, not just how to get it back. We cannot eradicate illness, but we can foster health. Patricia Boswell, MPH Administrator, Florida Department of Health in Volusia County

This is reflected in the County Health Rankings released this spring by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. The report examines many social factors that have been shown to determine a person’s health. The rankings also are a guide for governmental agencies on the value in partnering with other agencies to tackle the issues that affect not only the health of our economy but also the health of our residents. Each month, the Department of Health in Volusia County compiles statistical reports on various health topics or diseases in the county. These reports consistently illustrate the health inequities that persist across our communities no matter the topic of the report. In other words, the reports individually and collectively underscore the gaps in disease rates in areas that are experiencing gaps in opportunities. I encourage you to review the data brief on our County’s health ranking and other reports, which are online at volusiahealth.com/stats.

We cannot eradicate illness, but we can foster health.
In the majority of police-involved shootings, the person involved has a gun and is either using it or threatening to use it. In cases like those, law enforcement officers often have no choice but to use deadly force to protect their own lives and/or the lives of innocent people. In an active shooter situation like we’ve seen in Florida and across the country, law enforcement has to go in and stop the threat immediately.

But there’s another category of police-involved shooting scenarios that involve someone in crisis due to a mental health issue.

**Law enforcement officers are the first to arrive on the scene**

Every day in every community across the country, law enforcement officers are the first to arrive on the scene of a mental health crisis.

We’re not mental health experts, but the reality of working in law enforcement today is that each of us has to be able to recognize when people are dealing with issues like depression, anxiety, addiction and any number of complex psychological disorders. In the worst cases, these crises can put people’s lives at risk. While it’s not our job to diagnose or treat special mental health issues, we must be able to recognize that our approach needs to change when a mental health crisis is occurring.

When I left the Daytona Beach Police Department and became Volusia County’s Sheriff in January 2017, I went from one outstanding organization to another. Still, it was important to me that we take a fresh look at things. One of the most significant areas was to review how we train our deputies and equip them to handle situations that involve the use of force – sometimes deadly force.

In an active shooter situation like we’ve seen in Florida and across the country, law enforcement has to go in and stop the threat immediately.

In May 2017, the Volusia County Council approved my request for an in-depth, independent review of our use of force procedures. I requested this study to be performed by the Washington D.C.-based Police Executive Research Forum, (known as PERF) to make sure our procedures, tactics and training follow the best law enforcement standards and practices in the Nation. PERF is a non-profit, police research and policy group that provides technical assistance and consulting services to law enforcement agencies.

We used money confiscated in criminal cases to pay for this $92,321 study.

I want to emphasize: This study was done not to second-guess how we handled previous situations. It was done simply to look for ways in which we may improve as an agency and stay ahead of national trends. The PERF report, which includes a summary of findings as well as several recommendations, has been posted in full on our VCSO website.

The report examined 15 deputy-involved shooting cases between 2014 and 2017 and found several that involved a person under the influence of drugs or alcohol (9 cases) or experiencing a mental health crisis (3 cases). PERF identified those as evidence of opportunity for increased focus on crisis intervention and deescalation:

“"The finding that many of VCSO’s deputy-involved shooting cases involve subjects who are in crisis, presents a significant opportunity for the department. The potential for deadly force in these types of cases can be greatly reduced when deputies are trained in crisis intervention, when they engage in communication with the subject, and when they are taught to slow down and wait for additional resources. Even though the majority of deputy-involved shooting cases involved an armed subject, PERF believes VCSO should invest in training to assist deputies when encountering a subject who is in mental health crisis or chemically impaired but who does not pose an immediate threat." These are the win-win situations in which we try to put our deputies.

When we respond to those calls for service, we’ll use time, distance cover, and as much information as we can get, before we make a tactical decision to move in.

It’s important to remember that in so many of these calls, families are calling us about a loved one who needs help. So we, as guardians of the community and who place a high value on the sanctity of human life, want to do everything we can to create an environment where we go home safely and where we give that person the opportunity either to go to jail or to get medical treatment in a safe place.

Sheriff Mike Chitwood
At Daytona Wellness Center (DWC), we take an individual, holistic approach as we inspire and guide you to reach your fitness goals and a more enjoyable and fulfilled life.

DWC has a rich history in the Daytona Beach community. Our founders, Mike Panaggio and Stillman Rice, have been in the Daytona area since the early ’80s. With over forty years of experience in fitness and wellness, we can confidently say that your experience with us will yield results beyond your own expectations.

We selected MedEx equipment because it is unparalleled. MedEx offers low-friction, measured range of motion, two-pound increment weight adjustments, and a wide variation of movements and specific muscle isolations that are perfect for injury rehabilitation. For instance, the back is probably the greatest source of pain for most adults, so our MedEx rehabilitation. For instance, the back is probably the greatest source of pain for most adults, so our MedEx

The most advanced recovery technologies have been assembled in a unique, modern and spotless-clean facility in order to help you relax, recover and rejuvenate. We offer Cryosense cryo therapy because there is no better way to recover; FAR infrared sauna to remove heavy metals from your system; Normatec leg compression to improve blood circulation; and Back on Trac and Knee on Trac machines for decompression. You will also find many other top-of-the-line therapies like hydromassage, cold laser, and laser lipolysis.

Here’s what one of our clients, Janice Griffith, had to say. “DWC is such an amazing place. Rai and his staff have made such a difference for me in dealing with my arthritis. I suffer from degenerative disc disease of the neck and lower back. I have been a patient of Dr. Demneri since 2012. He has helped me so much with my chronic pain. I feel better now than I have in many years. I couldn’t have found a better place or doctor.”

Our comprehensive concierge wellness model is for individuals who desire to optimize their health and overall wellness. There is only one you, and you deserve a one-of-a-kind place to meet all of your health and wellness needs. Check it out.

Call DWC director Rai Demneri for a complementary mini experience at 386-271-3256
Info@daytonawellnesscenter.com  www.daytonawellnesscenter.com

Medical marijuana is now available in Florida and offering relief to patients with debilitating conditions.

If you didn’t know better you might think you walked into an Apple store because of the state of the art, modern, clean and sleek environment. If you look around you might find your neighbor, co-worker or maybe even your grandmother. But if you have been following the topic of medical marijuana and how it has been helping patients in ways that conventional medicine can’t, you won’t be surprised to find yourself at a Medical Marijuana Treatment Center (MMTC) such as Curaleaf.

In 2014, the Florida Legislature passed the Compassionate Use Act which was the first legal medical cannabis program in the state’s history, which only allowed for low-THC cannabis for patients suffering from cancer and epilepsy. In 2016, the Legislature passed the Right To Try act which allowed for full potency cannabis to be available to patients suffering from a diagnosed terminal condition. Also, in 2016, the Florida Medical Marijuana Legalization Initiative was introduced by citizen referendums asking for an expansion of the state’s medical cannabis program. On June 9, 2017, the Florida House of Representatives and Florida Senate passed respective legislation to implement the expanded program by replacing large portions of the existing Compassionate Use Act, which officially became law on June 23, 2017. For patients to receive an order for Medical Marijuana a licensed physician must have diagnosed them with a qualifying condition. Some of the qualifying conditions include: Cancer • Epilepsy • Glaucoma • HIV • AIDS • Post-traumatic stress disorder (PTSD) • Amyotrophic lateral sclerosis (ALS) • Crohn’s disease • Parkinson’s disease • Multiple sclerosis (MS) • Medical conditions of the same kind or class as or comparable to those above • A terminal condition diagnosed by a physician • Chronic nonmalignant pain caused by or originating from a qualifying medical condition.

Hemp vs. Medical Marijuana – What is the difference between Hemp and Medical Marijuana?

Medical Marijuana also known as Cannabis contains a variety of different compounds called Cannabinoids, the most dominant are Tetrahydrocannabinol (THC) and Cannabidiol (CBD). Both Cannabinoids have shown to provide profound benefits to the human body; however, THC induces psychoactive effects (gets the user “high”), while CBD does not contain any psychoactive properties. When comparing Hemp vs Marijuana, this is a huge distinction; while Hemp contains a very low concentration of THC (0.3% or less), Marijuana is abundant with THC. Because of this, Hemp is grown primarily for industrial purposes, while Marijuana is grown for recreational and medicinal purposes, therefore not requiring a physician’s recommendation or approval from the state to purchase. Medical Marijuana has been found to have a good safety profile with very few negative reactions and has proven helpful for a wide range of patients from pediatrics to geriatrics. There is a very low addiction risk, especially when compared to opioids. “I have seen quite a few people who are coming to us that would have never thought they’d ever use medical marijuana in their lifetime, but they have been living with a debilitating condition and medical marijuana is providing relief where conventional medicine cannot,” said Dr. Eddy Blanco, Director of Product Research and Development for Curaleaf. “Patients are finding relief and not experiencing side effects found with conventional medicine.” This article is presented by Curaleaf.

For more information, please contact us at: (877) 303-0741 / www.curaleaf.com
**ASSISTED LIVING COMMUNITIES**

- **Alliance Community**
  - 600 S Florida Ave
  - DeLand, FL 32720
  - (386) 734-3481

- **American Assisted Living Inc**
  - 2992 Day Road
  - DeLand, FL 32738
  - (386) 789-8848

- **Angel’s Senior Living Assisted Living Facility**
  - 524 Fred Gamble Way
  - Ormond Beach, FL 32174
  - (386) 527-5918

- **Angie Senior’s Living Assisted Living**
  - 500 Grand Plaza Drive
  - Orange City, FL 32763
  - (386) 756-5561

- **Atria of Orange City**
  - 1875 Dunlawton Avenue
  - Port Orange, FL 32127
  - (386) 785-6225

- **Bella Senior Living**
  - 417 Bayberry Lakes Blvd
  - Daytona Beach, FL 32124
  - (386) 947-7817

- **Benton House Senior Living Community “License Pending”**
  - 812 Airport Road
  - Port Orange, FL 32128
  - (386) 558-3924

- **Bishops Glen**
  - 900 LPGA Blvd
  - Holly Hill, FL 32117
  - (386) 226-9000

- **Blossoms Assisted Living LLC**
  - 1312 Mardrake Drive
  - Deltona, FL 32738
  - (386) 257-2162

- **Brilliance Assisted Living**
  - 699 N Dixie Hwy
  - New Smyrna Beach, FL 32168
  - (386) 576-7034

- **Brookdale Deland**
  - 1210 North Stone Street
  - Deland, FL 32724
  - (386) 736-8100

**CountrySide Lakes**
- 1362 Sparkman Ave
- Ormond Beach, FL 32174
- (386) 774-6493

- **Deerfoot Manor ALF**
  - 374 Deerfoot Road
  - Deland, FL 32720
  - (386) 734-3519

- **DeLand Manor Assisted Living**
  - 224 S. Amelia Ave
  - Deland, FL 32724
  - (386) 624-7777

- **Deland Retirement Home**
  - 768 S Dexter Ave
  - Deland, FL 32720
  - (386) 736-0222

- **D’Nania Garden Inc.**
  - 316 Moss Avenue
  - Port Orange, FL 32127
  - (386) 756-4153

- **D’S Assisted Living of Deltona LLC**
  - 1812 Saxon Blvd
  - Deltona, FL 32725
  - (386) 320-8940

- **Elderly Living Center Of Holly Hill**
  - 810 Okener Avenue
  - Holly Hill, FL 32117
  - (386) 256-8900

- **Cerius at Orange City “License Pending”**
  - 675 Veterans Memorial Parkway
  - Orange City, FL 32763
  - (386) 779-6000

- **Certus at Orange City**
  - 864 Canal View Blvd
  - Port Orange, FL 32119
  - (386) 756-5516

- **Caring Hearts Assisted Living**
  - 1636 E. Shangri La Drive
  - Daytona Beach, FL 32119
  - (386) 985-7775

- **Cove at Orange City**
  - 3739 Sunrise Oaks Dr
  - Port Orange, FL 32119
  - (386) 265-4732

- **Country Manor Assisted Living LLC**
  - 1152 Old Hammock Rd
  - Port Orange, FL 32129
  - (386) 265-9335

- **Golden Touch Assisted Living**
  - 902 West Canal Street
  - New Smyrna Beach, FL 32168
  - (386) 409-4946

- **Good Samaritan Society**
  - 450 North McDonald Avenue
  - Deland, FL 32720
  - (386) 738-8122

- **Grace Manor Assisted Living**
  - 1321 Herbert Street
  - Port Orange, FL 32129
  - (386) 310-9995

- **Grand Villa of Deland**
  - 365 E International Speedway Blvd
  - Deland, FL 32720
  - (386) 736-5200

- **Grand Villa of Ormond Beach**
  - 535 North Nova Road
  - Ormond Beach, FL 32174
  - (386) 673-5000

- **Guardian Home II ALF LLC**
  - 902 West Canal Street
  - New Smyrna Beach, FL 32168
  - (386) 409-4946

- **Harker’s Assisted Living**
  - 1050 N. Marion Blvd
  - Deltona, FL 32720
  - (386) 736-1613

- **Herald’s Retirement Home**
  - 1249 Suzanne Road
  - Daytona Beach, FL 32114
  - (386) 258-9921

- **Hertige Waterides Luxurious Senior Community**
  - 3704 Cardinal Dr
  - Daytona Beach Shores, FL 32118
  - (386) 256-2015

- **Indigo Palms**
  - 570 National Health Care Dr
  - Daytona Beach, FL 32114
  - (386) 258-3333

- **Iris Manor LLC**
  - 1205 Deltona Blvd
  - Deltona, FL 32725
  - (917) 543-7474

- **John Knox Village Riverwood**
  - 695 Monterey Rd
  - Orange City, FL 32763
  - (860) 344-4504

- **Kozy Corner Elderly Care**
  - 601 Orchard Avenue
  - Ormond Beach, FL 32174
  - (386) 677-0059

- **La Poinciana ALF**
  - 200 Poinciana Ave
  - Port Orange, FL 32127
  - (386) 310-4558

- **Lakewood Retirement Center**
  - 1220 Jimmy Ann Dr
  - Daytona Beach, FL 32117
  - (386) 274-1828

- **Lexington Place Senior Living Community 301 Myrtle Ave**
  - New Smyrna Beach, FL 32168
  - (386) 410-2523

- **Linden Lea Assisted Living Inc**
  - 1180 Jackson Ranch Rd
  - Deland, FL 32724
  - (386) 740-9117

- **Little River Manor Inc**
  - 5321 North Riverside Dr
  - New Smyrna Beach, FL 32168
  - (386) 424-5732

- **Magnolia Manor**
  - At Daytona Beach
  - 252 Forest Lake Blvd
  - Daytona Beach, FL 32119
  - (386) 760-7174

- **Manila Home Care Inc**
  - 5463 Lands Ave
  - Port Orange, FL 32127
  - (386) 333-2191

- **Monastery Oaks LLC**
  - 1801 Monastery Rd
  - Orange City, FL 32763
  - (386) 456-0549

- **Monroe Manor**
  - 1526 Monroe Street
  - Deland, FL 32720
  - (386) 736-5700

**ADULT FAMILY CARE HOMES**

- **Corrie Reddin**
  - 725 Parque Dr
  - Ormond Beach, FL 32174
  - (386) 671-1469

- **Ellen Clark DBA Alanson Acres**
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  - (386) 873-7407

- **Frances Ransom**
  - 3172 N Covington St
  - Deltona, FL 32738
  - (386) 216-2009

- **Marie M Timogence**
  - 2939 Cottagesville St
  - Deltona, FL 32738
  - (386) 295-4435

- **Matsuk Adult Family Care Home**
  - 1560 Peterson Rd
  - Orange City, FL 32763
  - (386) 337-4090

- **Milagros Quinones-Rivera**
  - 2871 Valmont Ln
  - Deltona, FL 32758
  - (321) 242-2502

- **Wavoka Robinson**
  - 1289 Maytown Rd
  - Oak Hill, FL 32759
  - (386) 345-2022

- **Susan Fiello**
  - 1721 Victory Palm Dr
  - Edgewater, FL 32132
  - (386) 650-9036

- **Teresa Caedo-Collins**
  - 2555 Glicence Farms Rd
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Interim Health Care of Daytona 200 Forest Lake Blvd Ste 5 Daytona Beach, FL 32114 (386) 322-0044

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Alpha Care Home Health Services 101 N. Woodland Blvd Ste 110 Deland, FL 32720 (386) 275-2735

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Ameris Health Professionals Inc 5305 S Ridgewood Ave Port Orange, FL 32127 (386) 767-5556

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Alliance Foundation of Florida Inc 595 N Williamson Blvd Daytona Beach, FL 32114 (386) 239-0274

Apex Companion Care Ormond 310 Wilmette Ave Ste 4 Ormond Beach, FL 32174 (386) 615-2003

Apex Home Health 2763 Rebecca Ln Daytona Beach, FL 32114 (386) 255-0645

Brenyas Love LLC 430 Loyd Heath Rd Daytona Beach, FL 32114 (386) 262-0720

BrightStar Home Health 628 N Dixon Ave New Smyrna Beach, FL 32168 (407) 549-3600

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American Best Caregivers Inc 3930 S Nova Rd Ste 101 Port Orange, FL 32127 (386) 788-1024

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Halifax Health Hospice Care of Volusia 301 N Pine Meadow Dr Ste E Ormond Beach, FL 32174 (386) 265-1964

Maxim Healthcare Services Inc Port Orange 3510 S Nova Rd Ste 11 Port Orange, FL 32129 (386) 226-3494 (977) 721-8316 Fax daytonabeach@maxhealthcare.com

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Premier In Home Senior Care 498 Soft Shadow Ln Debary, FL 32713 (386) 267-2662

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Senior Care Source Inc 213 Bindley Dr Daytona Beach, FL 32124 (386) 334-1476

Senior Helpers 145 E. Rich Ave Ste E DeLand, FL 32724 (386) 736-2227

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See Halifax Health Hospice Care of Volusia on page 25

Hospice Care

Hospice Care

Hospice Care

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MEDICAID RESOURCES
Volusia County Health Care Reference Black Book

MEDICAID GLOSSARY of UNFAMILIAR TERMS

COUNTABLE ASSET: Any asset, whether owned individually, or jointly, or by your Revocable Trust, which could be accessed or sold (stocks, bonds, cfs, cash, promissory notes, cash value of life insurance, retirement accounts); excepting however specified “non-countable” or excluded assets, such as your home and car.

COMMUNITY SPOUSE: Term referring to the “at home” spouse, as distinguished from Medicaid Applicant who resides or is about to reside in skilled nursing facility.

COMMUNITY SPOUSE RESOURCE ALLOWANCE: Total Value of Countable Assets which may be owned by Community Spouse upon date of submission of Medicaid Application.

DCF: Department of Children & Family Services

DIVESTMENT PENALTY DIVISOR: The State’s determined average monthly contribution for nursing home costs. This Divisor Amount is used to determine the contribution for nursing home costs. The Divisor Amount is used to determine the Penalty Period imposed for Uncompensated Transfers within the Lookback Period.

INCOME: For the Medicaid Income Test, income means gross income from all income sources including interest, dividends, pensions, Social Security, etc.

LOOKBACK DATE: The date is the date your Medicaid Application is filed and date stamped. [See Lookback Period]

LOOK BACK PERIOD: The Look Back Period is the 5 years (60 months) immediately preceding the date Application is filed. Any gift, sale, assignment, transfer or other disposition of any asset, made by Applicant or Spouse, within the Look Back Period.

MINIMUM MONTHLY MAINTENANCE INCOME ALLOWANCE: If the gross monthly income of the Community Spouse alone is less than the current MMMIA then a request may be made to reserve/divert (spousal diversion) a portion of Applicant’s income for the benefit of Community Spouse. If housing expenses exceed the standard “Shelter Allowance” an increased MMMIA may be requested.

MONTHLY INCOME CAP: Florida is an “Income Cap” state. If the Medicaid Applicant’s gross monthly income exceeds the current Income Cap then Applicant is ineligible for Medicaid benefits unless and until an Irrevocable Qualified Income Trust is properly created, funded, and maintained.

PENDENCY PERIOD: Any and all Uncompensated Transfers made within the Look Back Period (5 years prior to Application) to an Irrevocable Trust or to anyone other than your Spouse, will result in a period of Medicaid ineligibility, known as the Penalty Period. The duration of the Penalty Period is calculated by dividing the total of all Uncompensated Transfers by the Divestment Penalty Divisor. Example: If the Divisor is $9,000 and Uncompensated Transfers total $31,500, then the Penalty Period is 3.5 months of ineligibility. The Penalty Period does not begin until the Applicant has filed an application and is “otherwise eligible” for Medicaid.

RESOURCE ALLOWANCE/ASSET TEST: For Medicaid eligibility the Countable Assets of individual Medicaid Applicant cannot exceed $2,000, excluding and excepting non-countable assets. Resource Allowance for Couple (husband and wife both seeking Medicaid eligibility) is $3,000.

SNT: Supplemental Needs Trust a/k/a Special Needs Trust. Estate planning tool used to provide for supplemental expenses of a Medicaid Recipient without causing loss of eligibility or disqualification for Medicaid.

Spend-down: the process by which Medicaid Applicant’s Countable Assets are reduced to or below the permitted Resource Allowance amount.

Transfers: The Sale or giving of any asset by Applicant or Community Spouse.

Uncompensated Transfer: An Uncompensated Transfer is a sale or transfer of any asset for less than fair market value. It’s a “Gift.” An uncompensated transfer within the Lookback Period will result in a period of ineligibility.
Upchurch, Thomas
1616 Concierge Blvd.
Daytona Beach, FL 32117
(386) 320-6169

Wallace, Daniel Steven
434 North Grandview Avenue
Daytona Beach, FL 32118
(386) 252-1133

Werb, Heidi S.
140 South Beach St Ste 310
Daytona Beach, FL 32114
(386) 2573332

Wells, Jerry Bruce
127 Magnolia Ave
Daytona Beach, FL 32114
(386) 253-3676

Woerner, Harold Charles
2001 South Ridgewood Avenue
Daytona Beach, FL 32119
(386) 767-9811

Wright, Thomas
Delongville
340 North Causeway
New Smyrna Beach, FL 32169
(386) 428-3311

Avall Research
860 Peachwood Dr
Deland, FL 32720
(386) 785-2400

Avesca LLC.
3250 Alling Ct
Deltona, FL 32729
(386) 679-7562
www.avesca.biz

Century Clinical Research
1410 LPGA Blvd
Daytona Beach, FL 32117
(386) 274-4750

Covance Clinical Research Unit
1900 Mason Ave Ste 140
Daytona Beach, FL 32117
(386) 366-6400

Midland Florida Clinical Research Center, LLC
665 Peachwood Dr Ste 1
Deland, FL 32720
(386) 279-6181

Millennium Research
1545 Hand Ave Ste B2
Ormond Beach, FL 32174
(386) 672-1985
Ormond Beach Clinical Research
1400 Hand Ave Ste L
Ormond Beach, FL 32174
(386) 310-7462
Peninsula Research Group
305 Clyde Morris Blvd Ste 200
Ormond Beach, FL 32174
(386) 677-0525

Progressive Medical Research
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Port Orange, FL 32117
(386) 307-7070
(386) 304-7050
www.progressivemedicalresearch.com
Riverside Clinical Research
1410 S Ridgewood Ave
Edgewater, FL 32132
(386) 428-3311

Dr. Alex White is the Owner, Medical Director and Principal Investigator at Progressive Medical Research (PMR). Before that he completed his residency at Halifax Hospital and continued to work in the emergency room for many years. During that time, he was introduced to medical research. The more involved he became in medical research, the more he realized that this was something he wanted to do the rest of his life. In 2010 he had the opportunity to purchase the PMR clinic and follow his passion. During the past eight years, Dr. White and the PMR staff have continued to fulfill and follow that passion in the Volusia county area. PMR conducts clinical trials that offer patients an opportunity to:

- Participate in a research process that may lead to new therapies
- Receive medical care that does not require health coverage
- Learn new information about their condition as well as meeting others with similar issues
- Try new therapies before they reach the market

From the first day you call to set up an appointment for a screening to the last day you complete a study, you are treated like family. The PMR team is all about taking care of the patients in a professional manner and treating them with dignity and respect. You can always tell that the staff cares about you based on their genuine demeanor. Some people like giving back and want to make their footprints in the world. That's why so many PMR patients participate in clinical trials such as a Type 2 Diabetes, COPD, Mild Dementia, Heart Failure and Psoriasis. The one that seems to be their biggest passion is Alzheimer's Prevention. Please call or visit Dr. White and the PMR staff soon so we can get you on the right study and you can be part of the passion too!
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Same doctors you know. Same care you love. Our network of care across the country and more than 1,000 care locations is coming together under one unified name. We’re here to care for your whole health. Visit AdventHealth.com to learn more.
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<td>335 N Clyde Morris Blvd</td>
<td>(386) 254-4229</td>
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<td>White, John A. MD</td>
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<td>201 N. Clyde Morris Blvd</td>
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<td>3048 S Atlantic Ave</td>
<td>(386) 763-5321</td>
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<td>DeLand Family YMCA</td>
<td>148 W Turgot</td>
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<td>Edgewater Fitness Center</td>
<td>2146 S Riverside Dr</td>
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<td>280 Wolf Pack Run Deltona, FL 32725</td>
<td>(386) 532-9622</td>
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<td>333 W Granada Blvd</td>
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<td>3127 W International Speedway Blvd</td>
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<td>(386) 253-4700</td>
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<td>LA Fitness Orange City</td>
<td>2629 Enterprise Rd</td>
<td>(386) 873-4911</td>
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<td>LA Fitness Port Orange</td>
<td>1810 Dunlawton Ave</td>
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<td>All Volusia Transport</td>
<td>3750 Corgan Rd</td>
<td>(386) 736-8747</td>
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<td>First Care Transport</td>
<td>430 Summerhaven Dr</td>
<td>(386) 736-2712</td>
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<td>Med One Shuttle</td>
<td>960 Theresa St</td>
<td>(386) 255-8525</td>
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<td>Owl Inc Transportation</td>
<td>373 Bill France Blvd</td>
<td>(386) 872-7888</td>
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<td>Trans Med</td>
<td>114 Revs St</td>
<td>(386) 236-1111</td>
</tr>
<tr>
<td>Votran</td>
<td>950 Big Tree Rd</td>
<td>(386) 756-7496</td>
</tr>
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</table>

**Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship.**

*Buddha*
5PALMS
Withstanding the Change
Amanda Salisbury

BCT, NTC, TDY, PCS, to some those look like random groups of letters, but to anyone affiliated with military, those letters represent change. Change is so significant in the military it is mentioned throughout military testimonials and promotional commercials as well. CSAF Gen. David L. Goldfein states in the Air Force commercial 2017: “You’ll serve alongside amazing people, people that will become like family to you, and together you will see and do things that will help change the world, and change you...” Unfortunately, the changes experienced are not always for the best. Sometimes change looks like PTSD, MST, SUD, and SI. Sometimes the biggest change a military member experience comes from trauma experiences while serving. “Trauma creates change you don’t choose. Healing is about creating change you do choose.” -Michelle Rosenthal

5PALMS is the first facility of its kind in the country that exclusively treats active duty military. It was created specifically to provide a conducive environment for those service members choosing to heal; military trauma looks different than civilian trauma, as should treatment. Each facility is military exclusive, only treating those in uniform, as well as gender specific. Our Ormond Beach facility only treats active duty women who suffer Military Sexual Trauma (MST) and Post Traumatic Stress Disorder (PTSD). Our Centerville, TN facility only treats active duty men, most of whom suffer with combat trauma induced PTSD and/or Substance Use Disorder (SUD). This allows patients to interact with others who are like them as well as dealing with the same issues. With a therapy schedule imitating everyday military life, physical training, and groups focused on appropriate coping skills, military patients can begin the healing process and strengthen themselves against an ever-changing world.

5PALMS uses several approaches to help patients see the improvements they can make to the way they respond to challenges and change. Patients attend group therapy, individual therapy, and recreational therapy. Foundations for a patient’s support network are started in group therapy. Group therapy allows for time to learn about their trauma or addiction, practice skills, and get feedback about their progress. Patients set therapy goals and check progress weekly during individual therapy. Individual therapy focuses a patient on specific symptoms and responses. This time is spent with a therapist who specializes in trauma and substance abuse. 5PALMS provides specific, evidenced based trauma focused therapies like PE (prolonged exposure), EMDR (eye movement desensitization reprocessing), and CPT (Cognitive Processing Therapy). Recreational therapy gives the opportunity to use the skills they are learning during challenges and learn to reengage with the world and fun activities.

Thought and concern has been laid into the plans and programs at 5PALMS. When entering the building patients are greeted by empathetic staff ready to walk alongside the path to healing and strengthening. Available to patients, family members, and military base providers 24/7, 5PALMS teams are dedicated to those who are choosing change through taking the steps to heal.

If you or someone you love is a service member struggling with trauma or substance abuse, there is a facility dedicated to, and understanding of, your situation. Please call Patti Benko at 386-506-8110 or visit 5PALMS website at my5palms.com for more information.

The first phase of the program is an initial counseling session with our veteran trainers and staff to discover what each individual veteran’s needs are. Those with physical or mental disabilities will be provided a canine where applicable and attend training sessions over the course of 6-8 weeks focused on training their assigned canine in meeting the specific needs of that veteran. Homeless veterans will additionally be assigned case managers at this time to start locating funding programs through the VA, HUD and FHA to facilitate adequate housing upon the veteran’s completion of the program. Vocational and occupational therapy programs will also be identified by the case manager that best fits the individual veteran’s interests for long term employment. While attending the program, ALL veterans will receive mental health care through daily counseling sessions with other veterans who share the same and sometimes debilitating post traumatic stressors. Our trainers and staff are veterans themselves who have successfully re-adapted back to society and best know how to relate to the needs of the newly returning veteran.

The second phase is vocational training or occupational therapy to move them from just interacting with civilians to working and leading a self-sustaining productive life. The veterans will be provided daily transportation to the courses they selected if required. This restores the veteran’s self-worth and dignity by the promotion of independence. The third phase is housing. Those veterans who already have adequate housing will have a team of construction personnel arrive to their home prior to their release from the program. The construction team will prepare the veterans home with the necessary remodeling to fit the veterans specific disability i.e., wheelchair ramps, fencing, doggy doors, wheelchair accessible showers and restrooms. Those veterans who were homeless prior to attending the program will receive assistance in locating long term affordable housing.

K9LINE Inc. is a company formed and operated by combat veterans for veterans. We are committed to helping our fellow veterans adjust to their new life at home. K9LINE Inc. is a registered and licensed 501 c3 non-profit organization K9line.org

Canines have been used to assist humans with handicaps since the early 1920’s when the first assistance dog was trained to guide its blind owner through city streets. Since then canines have been trained in numerous day to day tasks to assist their owner in everyday. Today with the Iraq and Afghanistan war veterans returning home, established assistance dog schools have been overrun with applicants pushing the schools to adapt a set training program that fits the needs of some but, not all the veteran applicants. Often the veterans in most need of an assistance canine fall short because of his or her’s particular disability is not covered in the set training model. Homeless veterans are in almost all cases refused the ability to even apply for an assistance canine due to their living conditions. Without consideration that the assistance canine may very well be the security that veterans needs to re-adapt to a productive self-sustaining life style.

K9LINE Inc. approach is a three-phase comprehensive program designed to provide our veterans with not only the assistance they need to function in everyday life but, the restoration of their dignity and respect they are so well deserving through housing assistance for homeless veterans and the vocational training or occupational therapy for all veterans to re-enter the work force.

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If you or someone you love is a service member struggling with trauma or substance abuse, there is a facility dedicated to, and understanding of, your situation. Please call Patti Benko at 386-506-8110 or visit 5PALMS website at my5palms.com for more information.

The first phase of the program is an initial counseling session with our veteran trainers and staff to discover what each individual veteran’s needs are. Those with physical or mental disabilities will be provided a canine where applicable and attend training sessions over the course of 6-8 weeks focused on training their assigned canine in meeting the specific needs of that veteran. Homeless veterans will additionally be assigned case managers at this time to start locating funding programs through the VA, HUD and FHA to facilitate adequate housing upon the veteran’s completion of the program. Vocational and occupational therapy programs will also be identified by the case manager that best fits the individual veteran’s interests for long term employment. While attending the program, ALL veterans will receive mental health care through daily counseling sessions with other veterans who share the same and sometimes debilitating post traumatic stressors. Our trainers and staff are veterans themselves who have successfully re-adapted back to society and best know how to relate to the needs of the newly returning veteran.

The second phase is vocational training or occupational therapy to move them from just interacting with civilians to working and leading a self-sustaining productive life. The veterans will be provided daily transportation to the courses they selected if required. This restores the veteran’s self-worth and dignity by the promotion of independence. The third phase is housing. Those veterans who already have adequate housing will have a team of construction personnel arrive to their home prior to their release from the program. The construction team will prepare the veterans home with the necessary remodeling to fit the veterans specific disability i.e., wheelchair ramps, fencing, doggy doors, wheelchair accessible showers and restrooms. Those veterans who were homeless prior to attending the program will receive assistance in locating long term affordable housing.

K9LINE Inc. is a company formed and operated by combat veterans for veterans. We are committed to helping our fellow veterans adjust to their new life at home. K9LINE Inc. is a registered and licensed 501 c3 non-profit organization K9line.org

Canines have been used to assist humans with handicaps since the early 1920’s when the first assistance dog was trained to guide its blind owner through city streets. Since then canines have been trained in numerous day to day tasks to assist their owner in everyday. Today with the Iraq and Afghanistan war veterans returning home, established assistance dog schools have been overrun with applicants pushing the schools to adapt a set training program that fits the needs of some but, not all the veteran applicants. Often the veterans in most need of an assistance canine fall short because of his or her’s particular disability is not covered in the set training model. Homeless veterans are in almost all cases refused the ability to even apply for an assistance canine due to their living conditions. Without consideration that the assistance canine may very well be the security that veterans needs to re-adapt to a productive self-sustaining life style.

K9LINE Inc. approach is a three-phase comprehensive program designed to provide our veterans with not only the assistance they need to function in everyday life but, the restoration of their dignity and respect they are so well deserving through housing assistance for homeless veterans and the vocational training or occupational therapy for all veterans to re-enter the work force.

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With an 86% response rate, HPR Treatment Centers and TMS therapy is setting the world of depression treatment on fire!

**HPR Treatment Centers**

“It did more for my depression than anything I’ve ever done.” Neal Brennan (co-creator of Chappelle’s Show)

It is estimated that more than 16 million people in the United States suffer from depression (6.7%). Of that percentage, only a bit over a third (35.3%) seek help from a mental health professional.

HPR Treatment Centers newest clinic, located in Ormond Beach, is providing hope for the many people who suffer with depression but have not been getting the results they want with their antidepressants.

Since its FDA approval in 2008, TMS (transcranial magnetic stimulation) is being used in more and more facilities around the country, including Mayo Clinic, Johns Hopkins, Mt. Sinai Hospital, Duke University Hospital, and many more prestigious facilities, to treat people who suffer with Major Depressive Disorder.

So let’s answer a couple of questions about what TMS is and what it is not.

**Firstly, let’s address what TMS is:**
1. TMS is an in-office depression treatment that takes between 18 to 19 minutes per session.
2. TMS is non-invasive, drug-free, pain-free, and is performed while you sit comfortably.
3. TMS is an electromagnetic stimulation of the underactive part of the brain responsible for mood.
4. TMS is a prescription authorized therapy overseen by a medical doctor.
5. TMS is FDA approved.
6. TMS is approved by most insurances.

**What TMS is NOT:**
1. TMS is not ECT (electroconvulsive therapy, aka electroshock therapy). While ECT may be an alternative for some, TMS does not require sedation and is not as violent of a treatment.
2. TMS is not medication, and therefore, avoids the medication side effects.

**How does TMS work?**
Mood is regulated by a region of the brain called the prefrontal cortex. In some people, the cells in this part of the brain become less active. This can be triggered by a traumatic event or by physical changes that alter brain chemistry. Reduced activity makes it harder for your brain to regulate your mood and mental health. This can lead to Major Depressive Disorder.

TMS therapy works by stimulating the cells in your prefrontal cortex with electromagnetic pulses delivered by an electromagnetic coil. When prefrontal cortex cells are treated in this way, their activity levels often return to normal. The cells become more effective at regulating your mood. This reduces or eliminates your symptoms of depression.

**What about side effects?**
One of the most often asked questions about TMS treatment is regarding side effects. Most people are familiar with the drug commercials that use the entire second half of their commercial just covering side effects. TMS therapy has NONE of the side effects of medications. In fact, it has no side effects at all other than some temporary discomfort at the treatment site, and that occurs in fewer than 5% of our patients.

A recent patient had this to say, “With medication, it just got to the point where the side effects outweighed the benefits. TMS worked better than any medication with no side effects; that was the biggest plus.” Walt S.

**Take control of your depression without taking a pill.**

The Results
At the end of the day, it comes down to results. With an 86% response rate, the results speak for themselves. In fact, one year after treatment almost 70% of TMS patients are still in remission from their depression.

This treatment has shown such promise for those fighting depression, TMS is now being taught at medical schools to those preparing to become psychiatrists.

It is also being used in other parts of the world to treat all kinds of mental and behavioral health issues like PTSD, bipolar disorder, anxiety, and many more. Our hope is it will be approved in the U.S. to treat an expanded array of issues.

To learn more about HPR Treatment Centers and TMS therapy, visit our website at www.hprtc.com or call our Ormond Beach office at 386.463.0066 to schedule a FREE consultation.

All Vet Center services are provided to the Veteran and their family **without cost or time limitation and confidential!**

Counseling is available for Marriage and Family, Individual and a variety of Groups are offered.

No referral or Mental health diagnosis needed.

Yes, ACTIVE DUTY can be seen and DOD can’t see the record. We see Veterans with Honorable, Other than Honorable and possibly Dishonorable discharges.

**PLEASE CALL 386-366-6600 or stop in**

**Vet Center Call Center**

1-877-927-8387 available 24/7

**VA Crisis line**

1-800-273-TALK (8255)

Text to 83825

www.vetcenters.va.gov

**What is a Vet Center?**

Vet Centers started in 1979 to provide counseling services (talk therapy) for Veterans who experienced Military Sexual Trauma, served in theater, provided emergent care to casualties of war, or were involved in combat or area of hostility. Bereavement Counseling for parents, spouse and children of Armed Forces personnel who died in the service for their country is also available.

**Daytona Beach Vet Center**

1620 Mason Ave. Daytona Beach, FL 32117
(386) 366-6600

**Veterans Resources**

**Daytona Beach Vet Center**

1620 Mason Ave. Daytona Beach, FL 32117
(386) 366-6600

**Veterans Resources**

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medical schools to those preparing to become
psychiatrists.
VETERANS RESOURCES
Volusia County Health Care Reference Black Book

Orange City Community
Based Outpatient Clinic
2863 S Volusia Ave Suite 300
Orange City, FL 32763
(386) 456-2080

VA Medical Center Daytona
551 National Healthcare Dr
Daytona Beach, FL 32114
(386) 323-7500

Veterans Court Open
101 N Alabama Ave
Daytona Beach, FL 32201
(386) 736-5947

American Red Cross of Central Florida
341 White Street
Daytona Beach, FL 32114
(386) 226-1400

redcross.org
Helping all service members and their families find support and comfort.

Alisha Burgess Outreach
Social Worker
(407) 750-1298

Non-honorably discharged vets assisted with DD214 application Free college planning, financial aid and resources

Catholic War Veterans-Father John Washington Post 1944
(386) 255-3814

To make the entire nation acutely aware of the struggle and needs of our veterans, their widows and their children

Daytona HOG
(541) 805-9220

www.daytonahog.com
Support our troops, bring them home, and care for them

Florida Veterans Benefits Guide
(941) 966-1200

www.veteransbenefitguide.com
List of benefits available to veterans

Halifax Urban Ministries Administration, Family and Student Housing
1340 Wright Street
Daytona Beach, FL 32117
(386) 317-5886

www.halifaxurbanministries.org
Provides health care services for veterans

Homeless Veterans Resource Exchange
www.hudhre.info/resourcesforhomelessvets

Veterans forms and records Resource for obtaining veterans forms and records

HPR Treatment Center
(386) 424-3838

www.hprtc.com
Non invasive, drug free solutions for depression, anxiety, OCD, PTSD

HVDUT National Hotline
(800) 998-9999

www.vetsupportresources.org
Veterans National Directory of Resources for veterans

Orlando VA Medical Center
13800 Veterans Way
Orlando, FL 32827
(407) 631-1000

www.orlando.va.gov
Provides health services to veterans in central Florida

Ormond Strong
www.ormondstrong.com
Wellspring of hope bridges and building bridges between our community and those who serve

PAAVS of War
(386) 561-9550

www.paavsforwar.org
Providing independence to our vets who suffer from the emotional effects of war

Psychosocial Rehabilitation and Recovery Center
3731 S Clyde Morris Blvd
Daytona Beach, FL 32114
(866) 966-1200

www.floridavets.org/pdf/ffhbf.pdf
Ed and resources to veterans

Welcoming Hearts
815 S Alabama Ave
Daytona Beach, FL 32231
(386) 585-5333

www.welcominghearts.org
To perpetuate the memory of shipmates who gave their lives in the service of our country

Habitat for Humanity West Volusia
604 S Spring Garden Ave
West Volusia, FL 32792
(386) 734-7268

www.wvhabitat.org
To make the entire nation acutely aware of the struggle and needs of our veterans, their widows and their children

VETERANS RESOURCES
West Volusia (cont.)
West Volusia Resources Directory

Volusia County Health Care Reference Black Book

CRITICAL SERVICES

Deltona湖
Baptist Church
2886 Elkcam Blvd
Deltona, FL 32725
(386) 789-2400
Food Pantry Wednesdays 9 to 11 am

Deltona Presbyterian Church
2300 Howland Blvd
Deltona, FL 32725
(386) 789-3200
Food Pantry Tuesdays 9 am to 12 pm

Dental Hygiene Program
Daytona State College
Deland Campus
1155 County Road 419
Bldg 6A Room 100
DeLand, FL 32720
(386) 785-2060
Oral exams, cleaning, fluoride, X-rays, no surgical services

Family Health Source
Medical Centers
844 W Plymouth Ave
DeLand, FL 32720
(386) 769-2422
Scaling slide health services for those in need

Family Renew Community
259 W Voorhis Ave
DeLand, FL 32720
(386) 736-0500
Transitional housing for single and two parent families with minor children Must be employed or employed

First Assembly of God
1500 Irl Plywood Hwy
Deland, FL 32724
(386) 736-2948
Food Pantry Thurs thru Tues 12 to 2 pm

First Baptist Church of Deland
725 N Woodland Blvd
DeLand, FL 32720
(386) 734-5085
Deland residents only, Emergency utility and prescription help Tues 8:30 to 9:30 am by appt only

Living Water Free Methodist Church
7195 E Graves Ave
Orange City, FL 32763
(386) 775-3500
Food pantry, Tues and Thurs 9 am to 12 pm

First United Methodist Church of Deltona
1045 E Normandy Blvd
Deltona, FL 32747
(386) 574-1391
Dinner First and Third Friday, 5 to 6 pm

Good Samaritan Clinic
1245 S Volusia Ave
Orange City, FL 32763
(386) 218-5977
Mon and Wed 6 pm to 9 pm Friday 9 am to 12 pm Providing health and dental services

Grace House
Pregnancy Resource Center
306 E Church St
DeLand, FL 32720
(386) 822-9797
Mon Wed and Fri 10 am to 2 pm Tuesday 3 to 7 pm Thursday 5 to 9 pm Clothing, food, diapers, counseling, pregnancy tests, referrals

Haven Recovery
1251 N Stone Street
DeLand, FL 32720
(386) 734-8350
Thrift Store Mon through Thurs 8 am to 4 pm
Food Pantry Tuesdays 12 to 4 pm Free furniture, referrals available

Rosewood Ave Group Home
71 Rosewood Ave
Ormond Beach, FL 32174
(386) 472-2400
Group home for those suffering from mental illness

Haven Recovery
1251 N Stone Street
DeLand, FL 32720
(386) 734-3111
Extensive support for those diagnosed with mental health and substance abuse issues

interfaith Caregivers of Deland
115 E How Ave
DeLand, FL 32724
(386) 734-5113
Cold weather shelter when temp is below 40 degrees doors open from 8 to 11 pm

Social Security Admin
1629 S Adele Ave
Deland, FL
(800) 772-1213

First Baptist Church of Orange City
9775 E Graves Ave
Orange City, FL 32763
(386) 775-3500
Food pantry, Thurs and Thurs 9 am to 12 pm

Mental Health Association of Volusia
910 S Adele Ave
Deland, FL 32720
(386) 740-8088
Career Services, DCF Satellite Center, HIV/AIDS, education and testing, Senior computer courses, Housing assistance, Spanish Notary services

Springhill Neighborhood Resource Center
910 S Adele Ave
Deland, FL 32720
(386) 740-8088
Mental health services

National Alliance for Mental Illness
(386) 447-0774
Support groups for individuals and family members of those suffering from various forms of mental illness

New Hope Baptist Church
2885 Lake Helen Osteen Rd
DeLand, FL 32738
(386) 532-8291
Food pantry Third Wed of each month 11:30 am to 3 pm, pantry closed in summer, reopens in Sept.

One Stop Career Center
1152 S Woodland Blvd
Deland, FL 32720
(386) 740-2352
Mon through Fri 8 am to 5 pm

Our Fathers Closet
1645 E New Ave
Deland, FL 32720
(386) 822-9797
Mon Wed and Fri 10 am to 2 pm Tuesday 3 to 7 pm Thursday 5 to 9 pm Clothing, food, diapers, counseling, pregnancy tests, referrals

Northwest School for children diagnosed with mental illness
1635 S Ridgewood Ave
Daytona Beach, FL 32119
(386) 785-2060
Free dental hygiene services No surgical services

Stetson Baptist Church
1025 W Minnesota Ave
Deland, FL 32720
(386) 734-8350
Thrift Store Mon through Sat 8 am to 4 pm
Food Pantry Tuesdays 12 to 4 pm Free furniture, referrals available

Suncoast New Options
1635 S Ridgewood Ave
South Daytona, FL 32119
(386) 256-2303
Medicaid waiver program for persons with disabilities

Stewart-Marchman/ACT Behavioral Center
3875 Tiger Bay Rd
Daytona Beach, FL 32124
(386) 947-3600
Mental health counseling and drug rehab

Suicide Hotline
(800) 539-4282
Suicide prevention

The House Next Door
121 W Pennsylvania Ave
Deland, FL 32720
(386) 738-8169
Individual, couple and family counseling, anger management, and parenting classes

The Neighborhood Center
434 S Woodland Blvd
Deland, FL 32740
(386) 734-8320
Shelter for West Volusians who are working or will work, Food pantry, emergency financial assistance

Veterans Services
210 W Indiana Ave
Daytona Beach, FL 32124
(386) 970-0163
Clinic

Vocalic Rehab
775 Harley Strickland Blvd
Orange City, FL 32763
(386) 456-5320
Employment resources

Volusia County Health Dept
909 Stone Ave
DeLand, FL 32720
(386) 822-6215
Health services

Volusia County Human Services
233 W Indiana Ave
Daytona Beach, FL 32114
(386) 238-3100
Food stamps, Medicaid, Temporary Cash Assistance, Child legal services, Child and elder abuse, Substance abuse

Volusia County Social Services
1155 County Road 4139
Deland, FL 32724
(386) 738-8169
Individual, couple and family counseling, anger management, and parenting classes

West Volusia Resources

1194 S Kirkman Rd
Altamonte Springs, FL 32714
(407) 628-7190
For education of children experiencing homelessness

Volusia County Social Services

210 W Pennsylvania Ave
Daytona Beach, FL 32114
(386) 254-3800
Independent living and employment assistance to those experiencing blindness in East and West Volusia

West Volusia Resources

1194 S Kirkman Rd
Altamonte Springs, FL 32714
(407) 628-7190
For education of children experiencing homelessness

Division for Blind Services
1185 Dunn Ave
Daytona Beach, FL 32114
(386) 254-3800
Independent living and employment assistance to those experiencing blindness in East and West Volusia

Domestic Abuse Council
(386) 255-2102
Emergency shelter and counseling for victims of family violence

Experience Works
PO Box 334
Daytona, FL 32217
(386) 736-2903
Job skills and job search assistance for people over age 55

First Call for Help
3747 W I-4 Blvd
Daytona Beach, FL 32124
2-1-1
24 hour info line for community services

Healthy Kids
(850) 353-5473
Health insurance assistance based on income

Ombudsman Services
201 N Palmetto Ave
Daytona Beach, FL 32114
(386) 226-7846
Long Term Care mediator

Volusia County Schools

1155 County Road 4139
Deland, FL 32724
(386) 738-8169
For education of children experiencing homelessness

Create the highest, grandest vision possible for your life, because you become what you imagine.
Proudly Endorses

AdventHealth
Brookdale Senior Living
Halifax Health Hospice
Island Doctors
Plan Life Care
Progressive Medical Research (PMR)
Techfit Digital Surgery
Granny Nannies
Heritage Waterside Senior Living
Lexington Place Senior Living
Tiffany On The River
Senior Living
Althafer Senior Placement
Assisted Living Made Simple
Avesca
Concierge Care
Maxim Healthcare Services
Newport Senior Link
Oasis Senior Advisors
Certus At Orange City
Family Practice On The Go
Grace Manor Assisted Living
Selis Elder Law of Florida
The Turn-Key Team, LLC
Trilogy Home Healthcare

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THE AGE OF DIGITAL MEDICINE IS HERE....

At Techfit Digital Surgery we have improved surgical outcomes in over 1,400 patients.

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